

NAME RELAY



HOW TO PLAY

All the children get on their bikes and ride in and among each other. One child is given the baton, then he or she calls out the name of somebody in the group. The child whose name is called must now ride up and take the baton. The others make way. The new baton-holder calls a different name, and the game carries on like this until everyone has had the baton.

Tip: Ensure that the riders don't always choose the same people – for example, make it a rule that they have to alternate between picking boys and girls, or children older than themselves, and so on.

RIDERS PRACTISE

- Solving cognitive tasks while riding
- Riding one-handed
- Strengthening team spirit



IDEAS FOR DEVELOPING THE GAME

Simplification: The adult holds the baton. When someone's name is called, they ride over and take the baton, ride one lap and give the baton back.

Development: Play several rounds in which the cyclists have to remember the order of the names.

Variation: Greeting game – the children ride in and among each other and greet each other with their feet, by waving, by giving high fives etc.