

BICYCLE BLUFF



EQUIPMENT

Chalk, cones or activity rings for marking out the track.

PREPARATION

Make a square track just the right size for $\frac{3}{4}$ of the cyclists to ride slowly round between one another. On one side of the track, mark a box big enough for 2-3 cyclists to wait in.

HOW TO PLAY

Two children wait in the box with their bikes while the others ride around the track. The idea of the game is to buzz other riders so that they either put a foot on the ground or go off the track. When this happens, you must ride to the waiting area and go to the back of the queue, while whoever is first in the queue can now ride onto the track. Children must not ride into each other; they can only harry each other by riding close or cutting in front.

IDEAS FOR DEVELOPING THE GAME

Simplification: Let two children at a time compete against each other on a small track.

Development: The children are only allowed to cycle one-handed.

Variation: Bicycle fencing: everyone rides round in and amongst each other, fighting with foam swords.

RIDERS PRACTISE

- Keeping their balance while riding slowly
- Observing and learning from each other
- Teasing for fun and with respect for each other's boundaries

Tip: Adjust the size of the track to suit the number of players and their level. The smaller the space, the harder the game.

