

TILTING-AT-THE-RING



EQUIPMENT

Activity rings – at least one per pair of riders.

PREPARATION

Mark out a big circle. It must be big enough for half the children to stand around the edge at approximately three-metre intervals.

HOW TO PLAY

Divide the children into pairs. One of each pair stands on the edge of the circle with a ring in one hand. The other children ride round inside the circle. When a child rides past his or her partner, he or she has to try to grab the ring. If they succeed, they ride one lap with the ring and hand it back to their partner. If they don't manage it, they simply try again next time they go past their partner. After a while, they change direction and the riders and ring-holders swap roles.

RIDERS PRACTISE

- Precision
- Riding one-handed
- Keeping their bearings on the move and reducing their speed

Tip: If the riders bump into each other, make the circle bigger so the partners can stand further apart.

IDEAS FOR DEVELOPING THE GAME

Simplification: Everybody rides, apart from two adults (or one adult and one child), who stand on either side of the circle. One hands out the rings to the riders, while the other collects the rings.

Development: If the standing partners constantly change places, it makes it harder for the riders.

Variation: The standing partners set the riders new tasks each time they pass by, such as 'Ride one-handed', 'Ride slalom', 'Ride slowly', 'Put the ring on your helmet', 'Put the ring on the handlebars' etc.

